



LAKESHORE UNITARIAN UNIVERSALIST FELLOWSHIP

A welcoming and accepting, diverse and inquiring spiritual fellowship

MARCH 2020



SERVICES: SUNDAY 10:00 A.M

620 PARK STREET,
MANITOWOC, WI 54220
PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

Facebook: Lakeshore Unitarian
Universalist Fellowship

LUUF LAY MINISTERS

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Jim Hollahan
jim.hollahan@gmail.com

LUUF BOARD

President: Erica Strauss
V. President: Cecilia Held
Treasurer: Kathleen Bernhart
Secretary: Ginny Fimmel
Members at Large:

Nancy Lodl
Jim Hollahan
Tod Geimer

MARCH 1

**"The Greatest Wisdom Is Kindness"
February Sky
Susan Urban and Phil Cooper**

"As Unitarian Universalists, we affirm the inherent worth and dignity of every person. This principle forms a shared commitment to be kind to everyone we meet, and especially to those with whom we share our beloved UU community. We believe that simple mindfulness is the key to living up to this principle as consistently as is humanly possible. This service will encourage that mindfulness."

Susan and Phil have been guest presenters many times as part of the Bittersweet Christmas Band and as a duo.

MARCH 8

**"Kirtan"
Dennis Hawk**

Kirtan is the ancient call and response chanting, usually sung in Sanskrit. Kirtan brings us to a place of unity and connection, within and without. Dennis Hawk adds the element of Native American chanting

Dennis has been here before, and he brings a different kind of wisdom. He is a yoga instructor, musician, composer, recording artist, storyteller, flute maker and workshop leader.

MARCH 15

**"Becoming Earthlings"
Marcia Bjornerud**

Anthropologists often define culture as the constellation of stories that groups of humans tell themselves about their place and purpose in the world. In western culture, the stories we share about who we are largely exclude the natural world; nature is at most a passive backdrop, not a central protagonist in our narratives.

Environmental degradation and spiritual malaise are both consequences of this attitude. We need to rediscover a sense of kinship with the Earth, and this can be developed by learning to read the stories embedded in rocks and landscapes. We will find that the seemingly inert world is animate, industrious - and constantly communicating with us if we just learn how to listen.

Marcia Bjornerud is Professor of Geosciences and Environmental Studies at Lawrence University. Bjornerud's research focuses on the physics of earthquakes and mountain building, and she combines field-based studies of bedrock geology with quantitative models of rock mechanics. She has done research in high arctic Norway (Svalbard) and Canada (Ellesmere Island), as well as mainland Norway, Scotland, New Zealand, and the Lake Superior region. She is the author of two books for popular audiences, *Reading the Rocks: The Autobiography of the Earth*, and *Timefulness: How Thinking Like a Geologist Can Help Save the World* as well as a contributing writer to *The New Yorker*, the *New York Times*, the *Los Angeles Times*, the *Wall Street Journal*, and *Wired*.

MARCH 22

**"Come light my way:
Spirituality from the bookshelves"
Carrie Arnold**

Sharing a few of the books that have shaped my life and spirituality, from theologians to novels to poetry to kids' books.

Happily married to Bob for 43 years; mother of three and Gram of 1; retired jail chaplain, former parish staff member; community volunteer and facilitator of a house church; loves to travel, read, and laugh.

Continued on Page 2

Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

LUUF Chalice Yahoo group subscription

<https://groups.yahoo.com/neo/groups/LUUFChalice/info> To unsubscribe luufchalice-unsubscribe@yahoogroups.com

Finding the Joy in Our Work

In a small, lay-led congregation like ours, it's seems to be all hands on deck all the time. While we are grateful for the "yes!" we hear from you time and again, we also realize that burn-out is a real thing, and that we need to give attention to caring for the needs of our trusty volunteers and leaders.

To support you in your work, the board is instituting two steps to connect the board more closely with the work of committees and teams to provide support and guidance where wanted.

First, we will make sure there is a board member or a board liaison associated with every committee or team (groups that don't have regular meetings). Our purpose is to maintain a regular connection that can provide support where needed and build on committee and team work where opportune.

Second, we will invite the leader of every committee or team to address a board meeting in rotation to talk about what challenges they are facing what help, if any, they might need from the board.

That's about support and working to stave off burn-out. The other part is about joy. I read recently a communication from the UUA that suggested that everything we do in our congregations is made "holy," "sacred," "devotional," or whatever word denoting value you'd like to put to it, by our individual missions or covenants that tie us to each other and each one's search for truth and meaning. What we do in our committees, our teams, our board is not to fatten the bottom line but to both support our mission and covenants and to draw ourselves closer to our own truth and to our community of seekers.

"Love is the doctrine of this congregation. The search for truth is its sacrament, and service is its prayer."

If this is really who we are, and I believe it is, then we might want to honor what we do as beautiful and reverential and community building work. Some suggest lighting a chalice at every committee meeting. We are doing this now in our board meetings. Or you might want to include a "check in" or joys and concerns to make sure we are connecting personally with each other in these meetings.

I am so pleased that we came together in solidarity to craft a covenant. That covenant also begins: "Love is the doctrine of this congregation." Let us always come together in love.

Erica

March 29

**"One Little Candle
The Wisdom of Giving".
Anthony Busalacci**

I was and am deeply involved in fund-raising for the Capuchin Community Services. It just seemed natural to talk about giving, how rewarding it is and how the Judaeo-Christian philosophy was the foundation of my thinking.

Tony and his wife Pat have been Unitarians for over 50 years. He was President of the First Unitarian Society of Milwaukee when Drew Kennedy was hired. He has done services at First Church, Unitarian North in Mequon and the UU Fellowship in Door County. He is a retired history teacher, having taught at Whitefish Bay High School and Cardinal Stritch University. He was twice elected to the Milwaukee Public School Board, once to the Whitefish Bay School Board and its Village Board. He has served on numerous social and cultural boards in the Milwaukee area among which were the City of Milwaukee Art Commission and the board of the Marcus Center for the Performing Arts.

Two years ago he and Pat began selling art that he had made and also that they had collected for the Capuchin Community Services, which runs St. Ben's food program and St. Anthony's low-income housing. Thus far they have raised over \$100,000.

The next Board Meeting will be held on **monthly meeting on March 3 , 6:30pm** . As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:



Love is the doctrine of this congregation, the quest for truth is our sacrament, and service is our prayer. To dwell together in peace, to seek knowledge in freedom, and to share our strength in fellowship, thus do we covenant.

As Members and Friends of the Lakeshore Unitarian Universalist Fellowship, we affirm this covenant and promote the Seven Principles of the Unitarian Universalist Association.

As an expression of these commitments:

We show love and respect by

- Creating a community where all are welcome
- Celebrating individuality and ensuring that everyone's voice is heard
- Addressing issues with one another directly, assuming good intentions
- Accepting responsibility for what we say and do
- Supporting our Fellowship with our time, talent, and treasure
- Supporting each other's spiritual journey

We use the democratic process in our congregation by

- Hearing and valuing the opinions of all
- Ensuring transparency in our decision making
- Developing consensus when possible and appropriate
- Resolving differences respectfully, using our fellowship's mediation process when necessary

We work for social justice by

- Striving to become a more diverse and inclusive community
- Educating ourselves and collaborating with others on issues of social justice
- Working to change cultures of injustice.
- Protecting and preserving our planet

We welcome into our Fellowship those who may differ in beliefs but are in general agreement with our commitment.

A Letter from Rev Tony Larson

It has been a fascinating journey to be involved in Lakeshore UU Fellowship's strategic-planning journey this past year and to work with the Fellowship on the development of your Covenant. I have not only learned a lot from you, but I have felt inspired too. One of LUUF's great strengths, as I see it, is your openness not only to each other but to visitors. My husband Craig and I have visited at least a dozen UU congregations, large and small, over the last year and a half since I retired from full-time UU ministry. We've seen many different styles of worship, types of music, and kinds of programs. But nowhere else have we felt as welcomed as at Lakeshore UU. (We both commented on this the very first time we were here.) I suppose one could argue that your size makes you more noticing of newcomers (or that you are nicer to a guest minister than you would be to a regular visitors) --but I don't buy it. We've been to all kinds and sizes of UU congregations, but your community made us feel welcome right away. This is a strength that I urge you to continue to nurture. If Lakeshore UU grows significantly in the future (which, of course, I hope it does), it may be tempting to put less effort into hospitality. After all, with more members often comes less individual commitment to welcoming newcomers. Visit most large congregations and you will probably see this in action. They may have a "greeter" to say hello when you enter the door or an usher to hand you a program; they may even have a visitor table for you to come to if you want more information. But rarely will a long-time member come up to greet you, because long-time members are busy talking to the friends they've already made--they don't feel they need new friends, so they hope someone else will be welcoming. Who's left to greet you except for other newcomers, who are generally too shy to go up and introduce themselves to strangers.

Another strength I see is the kind of community you have already created. Some of the comments I heard from you stuck in my mind. One of you said, "This community holds me--and holds me UP." Others said they think of this fellowship as "home" or that they liked the laid-back, nonjudgmental experience they feel here. "Finding a UU church is like finding your tribe." "Everyone who sits in these pews has a commitment to everything I value." "UUs are the most thoughtful, kind, and intelligent of any people I've been associated with in Manitowoc." Comments like these reveal the kind of spiritual community that many people in our world are looking for. So does the fact that a number of you were not all that gung-ho about creating a covenant but could see its importance to their friends and so were willing to go along. That's what real community does.

You are encouraged to read the letter in it's entirety, and can find the balance of Reverend Larson's letter here:

https://e8007783-0a84-4145-80da-12c34bcb360a.filesusr.com/ugd/57a179_21e58a577a2043ed8700c9788a62a5c4.pdf

Copy and paste the above link in your internet browser.

GLOBE

Green Living On Behalf of Earth

Green Tips



Spring cleaning - March 2020

Now that March is here, it's time to start thinking about the springtime and warmer weather. And with that warmer weather, it's a great time to kick start some greening up of your house or living space (along with making plans for spring cleaning). With the winter fading away, most of us feel more energetic around the house. What are some of the ways you can be green for a green March?

Making Your Own Cleaners

One of the best ways to green your house and make cleaning a little safer is to make your own cleaners for just about any job around the house.

Basic ingredients like vinegar, salt, baking soda, or lemon can all be used to make different kinds of cleaners for windows, brass, drains, silver polish, and even rust remover. If you're starting to phase out chemical-filled house cleaners, March is a great month to start making your own. If making your own cleaners isn't your cup of tea, search the internet for Green Products, that won't harm the environment.

Biokleen, Method, Seventh Generation, Common Good, Eco's, JK Watkins, Mrs. Meyers, Search Amazon for "Eco friendly cleaning products".

Use Eco friendly garbage bags, and always remember your sustainable market bags and produce bags.

Happy Spring Cleaning.



On **Saturday, April 18th @ 10:00 A.M.**, the public is invited to the Manitowoc Public Library (**Balkansky Room**) to hear **Mr. Nick Miller, Director of Science and Strategy for the Nature Conservancy of Wisconsin**, speak on climate change and its impact on Wisconsin.

His talk will be followed **@ 12:00 noon** by a **“Walk for Earth.”** This walk is in celebration of the 50th Anniversary of Earth Day and will begin from the front of the library and proceed along N. 8th St. Please join us & bring your favorite sign!

This event is sponsored by The Earth Care Team, a diverse coalition of local groups, of which **The Globe Committee is a part.** Our mission focuses on taking positive actions on climate change and environmental issues.

Mr. Miller will also be speaking to the **Lincoln High School Green Club** on Friday, April 17th on climate change.



Multigenerational worship is designed to engage all ages, from babies to elders, in a shared experience of spiritual growth. Please join us in service, all ages, all welcome.



**Don't Forget!
Circle Suppers, breakfast,
brunch or Lunch!**

We're seeking HOSTS for the Fellowship's Circle Supper, breakfast, brunch, or Lunch in March, April, or May!

First Saturday of each month, join the Breakfast Club, at Dali's Café, at 8th & York. Informal, no need to reserve your space, just show up and enjoy breakfast with friends.

These suppers are simple and fun!
A potluck at a host's home, or a gathering at a restaurant. Host choice, lunch, or dinner, weekend, or weekday! Home, or favorite restaurant.

Contact Kim Everett, or adult activities committee, for questions, or to include your Circle Supper in the newsletter.

**Friendly Fellowship
around Good Food!**

Host a Circle Supper!

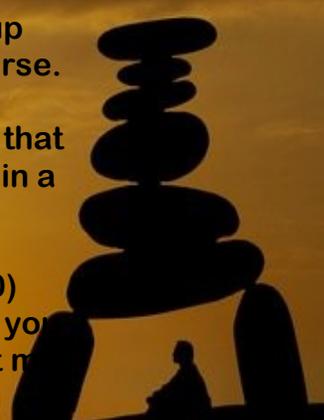


Don't forget!
Saturday, Breakfast Club,
March 7 ~ Dali's Café 9:30 am.

Dali's is closed for two weeks, no breakfast in Feb.
Dali's is closed the First Saturday in Feb
Join us for breakfast and conversation the 2nd Sat

More than tea & toast

Our Sunday night meditation group has decided that it has run its course. We will no longer meet on Sunday nights. We have gotten feedback that some people would be interested in a daytime group. If you are among them, let Linda Hunter know (huntel@comcast.net or 684-5590) We will need to find a leader, so if you are interested in that role, also let me know!"



Social Justice Committee



The inaugural issue this group will undertake is education on voter registration and facilitating on line registration. Planning has begun for a presentation on this and action.

Stay tuned!!

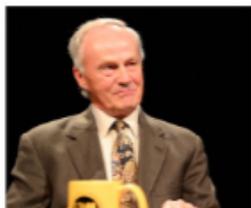


1st & 3rd Wednesday of each
month. 9am at
Four Seasons Family
Restaurant

2020 GREAT DECISIONS

Great Decisions, a project of the Foreign Policy Association, is a grassroots world affairs education program which brings together Americans from across the nation to discover and discuss foreign policy issues. Over the course of eight weeks, scholars will introduce each issue, and participants may explore their own views and those of the group.

The Philippines and the U.S.



March 2
John Katzka
Retired Diplomat

The Philippines has had a special relationship with the United States since the islands were ceded by Spain to the United States after the Spanish-American War at the end of the 19th century. However, since the election of Rodrigo Duterte, the country has pivoted more toward China, and away from the U.S. Duterte has also launched a largescale war on drugs that many criticize for its brutality. What does the future hold for U.S. relations with the Philippines?

India and Pakistan



March 9
Peter Kranstover
Retired USAID

India's Prime Minister Narendra Modi rode a wave of Hindu nationalism to a historic reelection in 2019. His first order of business was to revoke the special status granted to the Kashmir region, inflaming the rivalry between India and Pakistan. How will the Kashmir situation affect the region, both economically and politically?

Red Sea Security



March 16
Daniel C. Stoll, PhD
St. Norbert College

The Red Sea has remained vital for global trade since the time of ancient Egypt. Once home to the spice trade, the Red Sea now sees millions of barrels of oil a day transported across its waters. With major nations like China, France, Italy, and the U.S. building large ports and bases in the region, what does the future of the region look like? How important is Red Sea security for global security? Can the region be a place of global cooperation?

China's Road into Latin America

March 23
Martin Farrell, PhD
Ripon College
(Retired)



As the Trump administration continues to withdraw from the world stage, China is looking to fill the void. How does Latin America fit into China's "One Belt, One Road" plan? How will the relationship with China affect the region? Should the U.S. be concerned about China's growing "sphere of influence"?

Clipper City Co-op News & Events



CLIPPER CITY
CO-OP

Clipper City Co-op has a goal to reach 750 members! Why, you may ask? With 750 members there will be store location announcement, which moves them closer to opening the doors to Manitowoc's very own community owned grocery store. **They are currently 724 Members strong and growing daily! Be a founding member today, visit them at the Pop-up at 804 Jay Street location, or on-line at: www.clippercitycoop.com**



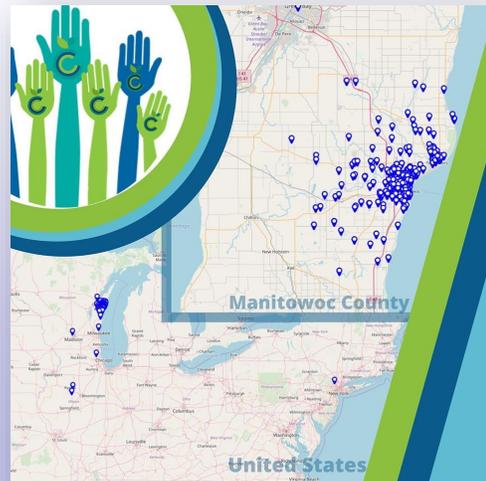
To volunteer to make our community grocery a reality, please reach out to Clipper City Co-op by using the website, facebook or dropping in at the office. We need your help now to bring this impactful establishment to Manitowoc.

www.clippercitycoop.com Ownership@clippercitycoop.com



Their new Pop-Up Office is located at: 804 Jay Street! (Enter on Jay St.) inside the Schuette Building . Join them for Thursday evening meet and greet, with special guests weekly. Join in community with other co-op owners, or stop by and learn more about the local food movement.

Each marker represents a household that has joined the co-op. Our ownership is growing steady and we are not only a co-op for Manitowoc but the entire county and more. Talk to your friends and family throughout Manitowoc County about joining the co-op today!



Why should you consider buying from our local farmers and producers?

Smithfield Farms, the largest pork producing farm in the USA was sold recently to China. The hogs will still be raised in the US, but slaughtered and packaged for sale in China before being sent back to the US grocery market.

This includes labels of Morrell, Eckrich, Krakus, Cudahy, Premium Hams, Cook's, Gwaltney,

The same with many chickens. They can now be shipped to China, but when they come back all that needs to be labeled is that they WERE RAISED IN THE USA. Consumers are not told their Chicken and Pork were shipped thousands of miles, processed and packaged in China, then frozen and shipped back. What you think is fresh, was most likely previously frozen.



Consider supporting local farmers and did you know there's a local farmers co-op? They're selling locally farm raised, locally processed and packaged meats and vegetables.

Contact Slo-Farmers Co-op at: www.slofarmersco-op.com 920-750-8686 or visit their Facebook page.

It's not just our meat proteins, Starkist Tuna is now owned by a Korean company, and is in big conflict with the U. S. concerning quality, safety, and records, which Korea refuses to produce.

Read labels carefully — "farm raised", could mean farms in China. Read all the labeling, look for country of origin.

Many of fish on Fish Farms are fed raw sewage daily, add some food coloring and some flavorings on it, then they ship it to the USA & Canada

China is the largest producer of garlic in the world; U. S. is second. When you buy garlic, look for garlic grown in the US. Or, buy from our local farmers market.

Buy only local honey *, much honey is shipped in huge containers from China and re-packed here.

If the country of origin is not clearly marked beware, don't buy.

Watch out for packages which state "prepared for", "packed by" or "imported by".

Go to the local farmers' markets in season and keep a wary eye open the rest of the year.

Not only quality of food at stake and health risks, but all that moving of hogs, chickens and other foods contributes to global warming. Buy local and keep your carbon footprint to a minimum. Know where your food is from, meet your farmers and producers. Shop local, join a community supported agriculture, and our local co-ops whenever possible.



Hope house wish list

Paper Towels, Toilet Paper
 Laundry Detergent, Dryer Sheets
 Cleaning Supplies, and wipes
 Pillows, Blankets, Sheets

For additional items, visit their website at:

<http://hopehousemc.org/wish-list/>

Lakeshore UU 2020 Volunteer weeks

April 12 - April 18
 May 31 - June 6
 July 19 - July 25
 Sept 6 - Sept 12
 Oct 25 - Oct 31
 Dec 13 - Dec 19

**Contact Nancy Slatterly at:
 nancy_slatterly@hotmail.com
 If you are available to volunteer.**

Check out Hope House facebook page for more information about upcoming events and happenings.

<https://www.facebook.com/hopehousemc/>



Hope House, a program of Lakeshore Interfaith Hospitality Network (LIHN) and an affiliate of Family Promise, is a non-profit organization whose purpose is to provide shelter and guidance to homeless individuals and families, due to the impact of misfortunes upon their lives. Once accepted into the program, Hope House provides meals, shelter, case management, referrals to community agencies, supportive listening and many other resources as needed. Hope House helps to create structure out of chaos by creating a goal-oriented plan so those desperately in need of shelter can focus beyond daily survival, to a life of stability.

How to Get Involved

The success of Hope House depends on the efforts and enthusiasm of hundreds of volunteers. These volunteers perform the variety of tasks necessary to provide a safe and comfortable temporary home for Hope House guests. Volunteers express their hospitality by interacting with guests, treating guest families with dignity and respect, and showing the genuine concern for their well-being. You don't need to donate thousands of dollars or hundreds of hours of service to make a difference. In fact, you can make a difference by volunteering one hour a week or a single donation of food or hygiene products.

Just a reminder: we are participating the the Help for the Homeless Hygiene Drive, which ends on March 8. A box for donations is in the foyer on the left. Please see below for items to donate.

Heartfelt 
THANKS
 TO OUR VOLUNTEERS!

Two Rivers Mishicot Ecumenical Pantry



Don't forget our food basket in the vestibule of the Fellowship



Please drop off your non-perishables and they will be taken to TREP.

Pantry needs:

Meals in a can, cereal, chili beans, baked beans, chicken noodle soup, soda crackers, tuna, macaroni and cheese, ramen noodles, jelly, peanut butter, packaged rice, or noodle meals, pasta and rice. Toilet paper, tooth paste, shampoo deodorant, bar soap, cleaning supplies and diapers.

Please drop your contributions in the coat room and they will be delivered to TREP.

Volunteers needed:

People to take clients around for food on Monday mornings from 8:00—noon. Or, Wednesday morning from 8:30—noon

Volunteers to drive the cube truck on Monday or Wednesday mornings. Heavy lifting involved, bring muscles.

Call TREP at: 793-5364 if interested.



Painting Pathways Club House Inc.
Club House international registered.

<http://paintingpathways.org/>

<https://www.facebook.com/Painting-Pathways-Clubhouse-Inc-1612913832257735/>



Painting Pathways Clubhouse empowers adults with diagnosed mental illness by building community, supporting recovery and changing lives.



The Manistowoc County
Domestic Violence Center (DVC)



new name is... inCourage
still SUPPORTING VICTIMS of DOMESTIC ABUSE and SEXUAL ASSAULT

24/7 CRISIS LINE (920) 684-5770

EMAIL: INCOURAGE@INCOURAGEWI.ORG



SHELTER ASSISTANT/CRISIS LINE:

Answer the DV & SA crisis lines (training provided)
Assist residents as needed in shelter with daily living skills
Other volunteer opportunities:
Restocking kitchen cupboards
Organizing/cleaning
Processing donations

RECEPTIONIST/OFFICE WORK:

Greet visitors (during daytime hours)
Assist with clerical duties such as:
Data entry
Making copies
Filing
Preparing mailings
Familiarity with Word and Excel a plus

SPECIAL EVENTS/FUNDRAISING:

Lend a hand at special events.
Fundraisers.
Mailings

TRANSPORTATION:

Assist in the transportation of clients to appointments in the community and other various destinations.
Can use agency van or your insured vehicle

MAINTENANCE/YARD WORK:

Help with regular maintenance or yard work.
Summer lawn mowing is always needed.

For additional information about volunteering at inCourage, visit their website at:

<https://incouragewi.org/volunteer-page/> Or call 1-920-684-4661

Follow InCourage on <https://www.facebook.com/InCourage-113065508711585/>

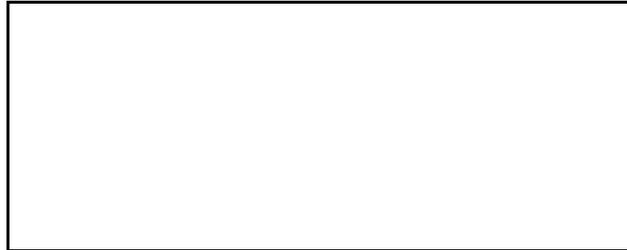


of Manistowoc County, Men's Homeless Shelter





Lakeshore Unitarian Universalist Fellowship
620 Park Street
Manitowoc, Wisconsin 54220



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

*As a welcoming and accepting, diverse and inquiring spiritual fellowship,
We unite to create a community which stimulates a free exchange and
Exploration of ideas, foster spiritual and intellectual growth, and
serves as a base for active outreach to benefit the world around us.*

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

*The inherent worth and dignity of every person
Justice, equality and compassion in human relationships
Acceptance of one another and encouragement to spiritual growth in our congregations
A free and responsible search for truth and meaning
The right of conscience and the use of the democratic process
The goal of world community with peace, liberty and justice for all
Respect for the interdependent web of all existence of which we are a part*



**SIDE WITH
LOVE**