



OCTOBER SERVICE



SERVICES: SUNDAY 10:00 A.M

620 PARK STREET,
MANITOWOC, WI 54220,
PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com
Website: www.lakeshoreuu.org
Blog: www.luuf.blogspot.com
Facebook: Lakeshore Unitarian
Universalist Fellowship

LUUF LAY MINISTERS

Linda Hunter huntel@comcast.net
Jim Sustman jim_sustman@yahoo.com

LUUF BOARD

President: Kathie Fishbeck
V. President: Dick Urban
Treasurer: Joel Marquardt
Secretary: Sandy Bast
Members at Large:
Cecilia Held
Kathy Bernhart
Jim Everett

Choir Practice



1st & 3RD
WEDNESDAY
OF EACH
MONTH

OCTOBER 4

**“Honoring the Spirit Within
through Namaste Care:
An End-of-Life Program for those Liv-
ing With Dementia.”
Nancy Twichell**

“Namaste Care takes its name from the Hindu word meaning to ‘honor the spirit within.’ This approach, developed by Joyce Simard, MSW and international consultant, creates environments and experiences for elders living with dementia to feel valued, engaged and connected to life. Through real life stories we will explore and celebrate the ways Namaste Care brings vitality and quality of life to those who are unable to interact with daily living through traditional channels.”

Nancy Twichell is a United Methodist minister and she is now a chaplain at the Lutheran Homes in Oshkosh and the Namaste Care Leader.

OCTOBER 11

**“UU Traditions, Old and New”
Part II
Arthur Thexton**

In Pt I, Arthur talked about UU rituals ; in Pt II Arthur will talk about our intellectual traditions.”

Arthur is a “cradle UU” who can give us a good perspective on this topic! He’s also a seminary graduate and an attorney.

OCTOBER 18

**Our Ferocious Love of Life vs. Cata-
strophic Climate Change”
Eric Hansen**

“Humans, both as individuals and societies, have confronted towering crises before. What lessons and hope can we draw from those experiences? How do humans perceive that a crisis is at hand – and that an immediate change in course is wise?”

What moves individuals and groups to speak out and mobilize their fellow citizens?”

Milwaukee author Eric Hansen is an award winning essayist, environmental and social justice campaigner, and life-long Unitarian Universalist. He walked 1700 miles researching his Wisconsin and U.P. books. A veteran of 36 backpacking trips to the bottom of the Grand Canyon, he has made successful ascents of most of the high peaks in Glacier National Park.

OCTOBER 25

**“When Did Resource Frugality
Become Un-American?”**

Ted Rulseh

Controversy swirls around whether and why Earth's climate is changing, although the science seems quite clear. Whichever side of the debate one falls on, the benefits of green energy and conservation (thus lower carbon emissions) are compelling: Cleaner air, lower costs, less stress on finite fuel supplies, and more. Why, then, does the United States lag much of the world in acting on carbon reduction initiatives? And what can each person do to “be the change” we would like to see?

Ted is a former member of LUUF, a communications professional, and a good friend of the fellowship.

**Don’t forget “Soup Sunday”
the 4th Sunday of each month**

Fourth Sunday Collection for



Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

LUUF BOARD NEWS



BOARD MEETING

Notes from the August 2015 LUUF Board meeting

The following issues were discussed at the September 16, 2015 board meeting:

Building Maintenance

Basement Dehumidifiers—The newly purchase de-humidifiers are working well - the basement has been very dry since they were installed.

Tree Trimming - Dan Wagner will trim the dead branches from the horse chestnut tree located on the northwest corner of the building.

The floor of the storage room that was flooded has been painted and the walls will be checked for water damage in October.

Manitowoc Heating serviced the boiler for the upcoming heating season and will repair the air conditioning ducts in the attic.

Last Drop Roofing and Gutters will clean the gutters of the building in the late fall.

Review of LUUF Policies

Hiring Policies - The ad hoc Policy Review Committee presented several documents related to Safe Fellowship practices and hiring procedures. These documents will be reviewed by the board and checked for any legal issues and then approved at the October board meeting.

Board Liaisons to Fellowship Committees

Board members will act as liaisons to the following Fellowship committees to ensure good communication between members, committees, and the board:

Dick Urban - Facilities

Kathy Bernhart - Service Planning, Environment, and Public Relations

Jim Everett - Membership and Outreach and Social Justice

Cecilia Held - Garden and Adult Activities

Sandy Bast - Children's Enrichment Program

Kathie Fishbeck - Other Fellowship responsibilities

The next Board Meeting will be held on **Wednesday, October 21st, at 7:30pm, following choir practice.** As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

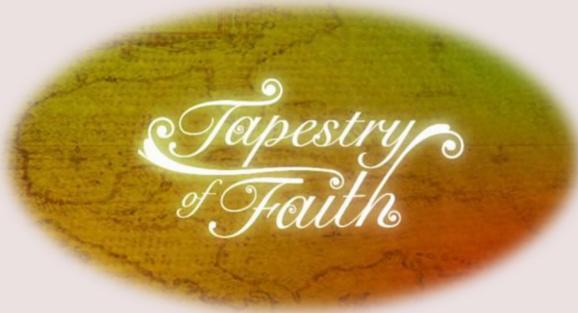
LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist – among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Minsters are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:

Linda Hunter huntel@comcast.net or Jim Sustman jim_sustman@yahoo.com

UUA's "Tapestry of Faith — Exploring Our Spiritual Lives"



A comprehensive, multi-dimensional spiritual growth and learning program designed "to nurture the Unitarian Universalist identity, spiritual growth, a transforming faith and vital communities of justice and love."

The Adult Activities Committee has selected the second program, "Getting Started -- Exploring Our Spiritual Lives" in Tapestry's introductory series to introduce UUA's Tapestry of Faith to our membership. This workshop welcomes UUs of all spiritual and theological persuasions and invites us to explore our personal definition of spirituality and to discuss the spiritual aspects of our lives today.

Homework alert! There will be downloadable readings between sessions! Hard copies will also be available. All are welcome to attend any one, combination or all of the sessions.

The Adult Activities Committee is trying out a different, more inclusive meeting time for this new program. We will meet for Tapestry of Faith from 9:00 to 9:45 am on Sundays, prior to Services on:

October 4th
 October 18th
 November 1st
 November 15th

The Tapestry of Faith for Adults is a spiritual growth program developed over several years by the UUA and can be found at UUA.org/Tapestry. This activity is sponsored and facilitated by the Fellowship's Adult Activities Committee.

If you were unable to attend the first workshop, the following page allows you to participate and grow spiritually. You need not attend all workshops in this program, come when it fits your schedule and mood.

For all who could not join the Adult Enrichment (Sunday School for adults) and would like to share in the program via Newsletter, below is a brief exercise for your spiritual growth.

**SPIRIT OF LIFE: A TAPESTRY OF FAITH PROGRAM FOR ADULTS, WORKSHOP 1
SPIRIT OF LIFE: EXPLORING SPIRITUALITY FOR UNITARIAN UNIVERSALISTS**

1. What are some ways you understand Unitarian Universalist spirituality?

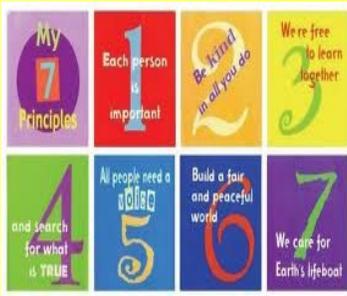
“As Unitarian Universalists, we have many ways of naming those things in life that inspire wonder, awe, and reverence. Whether or not we believe that there is divinity at work in our universe, we experience moments of what our Unitarian Universalist Principles name as “transcending mystery and wonder” and “an openness to the forces that create and uphold life.”

Choose three personally meaningful phrases from the list below and reflect on the question:

**SPIRIT OF LIFE: WORKSHOP 1:
HANDOUT 3: WORDS OF WONDER AND REVERENCE**

These words of wonder and reverence come from *Singing the Living Tradition*, the Unitarian Universalist Association hymnbook.

Spirit of Life	Wholeness	Eternal One
Wondrous Creation	Grander View	Fount of Justice
Transforming Grace	Circle of Peace	O Liberating Love
Great Spirit, Come and Rest In Me	Spirit of Truth, of Life, of Power	Streams of Mercy Never Ceasing
Deep Power in Which We Exist	Highest That Dwells Within Us	Mother Spirit, Father Spirit
Come, Spirit, Come	Power of Love	Web of Life
Love Eternal	Grandeur of Creation	Boundless Heart
All My Memories of Love	Care that Cares for All	Stillness
Heart Beat	Power of Hope Within	Amazing Grace
Open Heart	Wonder of Wonders	Eternal Home
Chords of Life	Spirit of Love	Truth Within
Shaper of All Things	Wise Silence	Blessed Radiance
The Glory of Creation	Beauty of the Earth	Deep Yearning
Voice Within	Source of All	Being in All
Fount of Every Blessing	Mother Earth	Creative Light and Dark
Unfolding Grace	Peace Profound	The Universal Mind
Beauty, Truth, and Goodness	Mother of the Generations	Mercy, Pity, Peace, and Love
One Living Whole	Inward Love	Truth that Makes Us Free
Silence	Hope Undaunted	Source of Body and Soul
Spirit Growing in All	Longing	Fruits of Peace and Love
Still Small Voice	Creative Love	Blessed Spirit of My Life
Inner Wisdom	Inner Beauty	Faith, Hope, and Love
Old Mindfulness	Giver of All	Ever Spinning Universe
Wind of Change	The One	God
Mother-Father of Us All	Lover of All	Calm Soul of All Things
Compassion	Mysterious Presence	Stream of Life
Shield and Defender	Living Waters	Mystery



CHILDREN'S ENRICHMENT PROGRAM

Calling All Children

The Children's Religious Education Program will begin

Sunday, September 13, 2015

and run through

Sunday, November 22, 2015.

The program is being led by Jill Finnel with assistance from Claudia Dunn, Ginny Finnel & Sandy Bast.

The 2015 fall sessions will be using the Unitarian Universalist's "Morals Tales Program". Each session will be based on a UU principle and will include a story and a short project.

The program is open to all children ages 4/5 to 10 years of age. Infant and toddler care will all be provided.

The committee is also looking for additional UU members to participate in helping to plan for the future of the children's program.

Sunday Evening Meditation

6:00pm



Thursday Morning 9:00am

Susan Phillips, lifelong Buddhist student and experienced teacher, provides valuable instruction in both the practice and philosophy of this ancient wisdom path. Sitting, meditative walking, and discussion are part of each week's Thursday gathering.



WELCOME BACK CIRCLE SUPPERS! Circle Suppers are opportunities for LUUF members and friends to come together over good food to share lively conversation and get to know each other better, in a more intimate sharing of a meal. To keep the dinners intimate and personal, they are limited to six to eight people, determined by the host, All are invited to join any circle supper, by contacting the hostess/host or by simply writing your name on the sign-up sheets in the vestibule of the Fellowship.

Host : Jean Beigun

Location: At her home

Contact Jean for her address

Email: jbiegun@att.net

This will be potluck, so call Jean if you're coming and if you'd like to bring a salad, Italian bread, or dessert. Please let Jean know if you prefer gluten-free or vegetarian.

Host: Mary Jane Lukes

Location: Luigi's

6124 Calumet, Manitowoc

Across from Silver Lake

Just a bit out of town on Highway 51.

Email: mjglukes@att.net

Meet at restaurant, each guest pays for their own meal. Host makes reservations.



**AN AUTUMN
COMMUNITY SING**

Celebrate the Changing of the Season,

**The Abundant Harvest
The Beauty of the Earth**

**With Songs, Poems, Prayers, Drums,
Rhythm instruments & Dance**

October 25th

Following Sunday Potluck

At LUUF

Join the Circle

Bring a Song, Poem, Prayer to Share

Sponsored by the LUUF Adult Activities Committee

&

The Guitar Group



Storm system circling around an area of extreme low pressure, which many scientists attribute to climate change.

INDUSTRIAL CIVILIZATION HEADED FOR 'IRREVERSIBLE COLLAPSE'?

Natural and social scientists develop new model of how 'perfect storm' of crises could unravel global system

Author: Nafeez Mosaddeq Ahmed

An independent research project partly sponsored by Nasa's Goddard Space Flight Center is based on a new cross-disciplinary 'Human And Nature DYNAmical' (HANDY) model led by applied mathematician Safa Motesharrei of the National Socio-Environmental Synthesis Center, in association with a team of natural and social scientists, and has highlighted the prospect that global industrial civilization could collapse in coming decades due to unsustainable resource exploitation and increasingly unequal wealth distribution. This is a summary of the findings:

Compelling historical data show that rise-and-collapse is actually a recurrent cycle found throughout history, for example the fall of the Roman Empire.

Even advanced, complex civilizations can be both fragile and impermanent. This raises questions about the sustainability of modern civilization, with the most salient interrelated factors explaining the decline of civilizations being: Population, Climate, Water, Agriculture, and [Energy](#).

These five factors have historically (over the last five thousand years) led to collapse when they converged to generate two social features which have played a crucial role in the process of collapse:

1. Stretching of resources due to the strain placed on the ecological carrying capacity, and
2. Economic stratification of Elites [rich] and Masses [poor].

Currently, high levels of economic stratification are linked directly to overconsumption of resources, with "Elites" based largely in industrialized countries responsible for both.

Regarding technology change: this can raise the efficiency of resource use, *but* it also tends to raise both per capita resource consumption and the scale of resource extraction, so that, absent policy effects, *the increases in consumption often compensate for the increased efficiency of resource use.*"

Productivity increases in agriculture and industry over the last two centuries has come from "increased (rather than decreased) resource throughput," *despite dramatic efficiency gains over the same period.*

While those of us who see the probability of impending collapse may advocate structural changes to society in an attempt to avoid it, the apparently-oblivious Elites continue to oppose these changes in favor of doing nothing, however the scientists point out that the worst-case scenarios are by no means inevitable, and suggest that appropriate policy and structural changes could avoid collapse, and possibly pave the way toward a more stable civilization.

The two key solutions are seen as:

Reduce economic inequality so as to ensure fairer distribution of resources, and

Dramatically reduce resource consumption by relying on less intensive renewable resources and reducing population growth.

Project conclusions:

Collapse can be avoided and population can reach equilibrium:

IF the per capita rate of depletion of nature is reduced to a sustainable level, and

IF resources are distributed in a reasonably equitable fashion.

Business as usual cannot be sustained, and policy and structural changes are required immediately.

For Further Information:

[The Great Disruption](#) by Paul Gilding – Gilding argues along similar lines, although in much more detail

The Center for the Advancement of a Steady-State Economy (CASSE) -- steady-state.org

*Respectfully Submitted by
GLOBE Environment Committee
Judi Northen, Chair*

SOCIAL JUSTICE

Two Rivers Mishicot Ecumenical Pantry
Celebrating 27 years of service to the Mishicot and Two Rivers area



Don't forget our food collection! Ron provided canvas bags for donation of can goods to TREP. Take one home, fill it up and bring it back to the Fellowship the following Sunday.

Food sorters needed for Oct. 17th Food Drive for TREP

EMPTY BOWLS - SPONSORED BY T.R OPTIMIST CLUB



OCTOBER 4

11:00-2:00

J. E. HAMILTON COMMUNITY HOUSE

1520 17TH ST.

\$10 DONATION INCLUDES

SOUP, BREAD, BEVERAGE, DESSERT AND THE HAND-PAINTED BOWL YOU SELECT TO EAT FROM
SOUP CHOICES: CHICKEN DUMPLING, CHILI, TWICE-BAKED POTATO

Bowls have been designed and painted by UUs.



The inaugural Step by Step for TREP is scheduled to kick off at 9 a.m. on Oct. 3 at the bell tower of St. Peter the Fisherman. Organizers of the event are looking for walkers to participate in the 2.5-mile fundraiser walk.

Registration is currently available at TREP or at area churches. Cost is a tax-deductible fee of \$25, which includes a T-shirt. Children 10 and younger are free. The food donation box also will be available on-site the day of the event.



Thank You LUUF Volunteers

The upcoming scheduled weeks are:

October 4- October 11

November 15 - November 22

January 10 - Jan 17

February 28 - March 6

Mark your calendar if you'd like to volunteer!

Hope House Volunteer Appreciation Picnic

Hope House would like to thank all of our volunteers. We will be having a volunteer appreciation picnic for all of your hard work and support. We hope everyone is able to make it. If you would like, please bring a dish to pass.

Date: Sunday, October 18, 2015

Time: 12:30 pm to 2:30 pm

Where: Lincoln Park/Cabin 2

1215 N 8th Street in Manitowoc

Please RSVP by October 9, 2015

Contact person: Heather Krueger

Phone: 920-686-1436

E-mail: hkrueger@hopehousemc.org



Painting Pathways Clubhouse

5th Annual Fundraiser Breakfast

Registration 7:00am-7:30am

Thursday, October 15th, 2015

7:30am to 8:30am

Holiday Inn

4601 Calumet Avenue

RSVP: breakfast@paintingpathways.org



Laurie Hall - "Reeling" an Installation

Opening reception Thursday October 8, 2015 4:30 -6:00p.m

October 9 -November 6

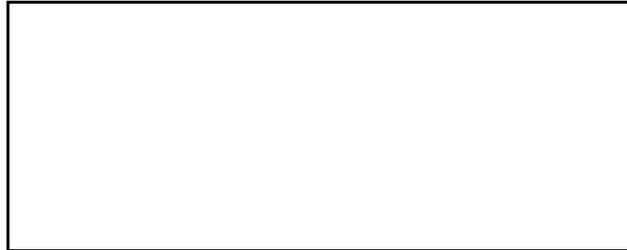
UW—Manitowoc

While walking in the bluffs of the Mississippi River Valley, I stopped to sit in the sun on a cliff overlooking the river.

I was pleased to see a huge turkey vulture flying toward me. Large birds, including vultures, are considered by many cultures to be messengers. Ancient Egyptians represented a feminine deity with the image of a vulture. In fact, vultures were thought by an ancient Egyptian cult to be the only species consisting entirely of females. A vulture, if she chose, would be impregnated by the wind. Vultures were believed to appear to certain people at times when healing was needed.

The world is not always a rational place. There is magic everywhere. The mysteries that surround us are both ordinary and profound. This piece celebrates the material world and our urge to step outside physical reality, to bridge our skeptical, temporal existence with the mystery of being alive.

Lakeshore Unitarian Universalist Fellowship
620 Park Street
Manitowoc, Wisconsin 54220



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

*As a welcoming and accepting, diverse and inquiring spiritual fellowship,
We unite to create a community which stimulates a free exchange and
Exploration of ideas, foster spiritual and intellectual growth, and
serves as a base for active outreach to benefit the world around us.*

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

*The inherent worth and dignity of every person
Justice, equality and compassion in human relationships
Acceptance of one another and encouragement to spiritual growth in our congregations
A free and responsible search for truth and meaning
The right of conscience and the use of the democratic process
The goal of world community with peace, liberty and justice for all
Respect for the interdependent web of all existence of which we are a part*

PEACE TO ALL

