



LAKE SHORE UNITARIAN UNIVERSALIST FELLOWSHIP

A welcoming and accepting, diverse and inquiring spiritual fellowship

N O V E M B E R 2 0 1 9



SERVICES: SUNDAY 10:00 A.M

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MANITOWOC, WI 54220
PHONE: (920) 686-0643

Email: luuf.parkstreet@gmail.com

Website: www.lakeshoreuufellowship.org

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LUUF BOARD

President: Erica Strauss
V. President: Cecilia Held
Treasurer: Kathleen Bernhart
Secretary: Ginny Fimmel
Members at Large:
Nancy Lodl
Jim Hollahan
Tod Geimer

NOVEMBER 3

**“Thank You, Thank You,
Thank you! “**

Carrie Arnold

How focusing on gratitude can make your life so much better; paying attention to the gratitude in your backpack ;-)

Reminder: pre-service fire to honor and let go of what weighs your backpack down

Carrie has been a regular speak for LUUF for some time. She was a jail chaplain, She is a facilitator for a house church in Green Bay.

November 10

"Being Happy When You're Not"

Arthur Thexton

As we approach the annual feast of gratitude, in a year where our country's political life seems dedicated to strife and conflict, how can we tend to our true happiness? Something for which we might give thanks? Please pay attention, which is the monthly theme, although the sermon's relationship to the monthly theme may be a stretch.

Arthur is also a regular speaker who went to seminary, became a lawyer, and is a cradle Unitarian. (all his life!)



Big thank you to Ceil for the fall festive décor and to Andrew for the on-going beautiful flowers for the sanctuary.



NOVEMBER 17

“Ticket to Mensch”

Tony Larsen

About his sermon this Sunday, Tony says, "Learn a little Yiddish and find out what it means to be a 'real human being.'" He says it will tie in with our fellowship's work on a congregational covenant.

NOVEMBER 24

**HANUMAN
THE MONKEY GOD OF INDIA
The Original leap of faith...**

Dennis Hawk says:

I struggle to define BIG spiritual concepts stuffed into simple words like faith, grace, mercy and freedom. I want to wring them out like a dish rag till every drop of truth falls out. It seems such words only take on meaning the moment they are put into action. Faith, for instance is not something that we possess. It is what possesses us the moment we act...when we step into the swirling water and the stones appear at each step we take. Often we know neither the depth of our faith nor its object until we are challenged to the core and forced to a **moment of truth**. Our **moment of truth** is our *kairos* (Greek), which is defined as "critical time, occasion or opportunity."

Dennis Hawk is a yoga instructor, yoga musician, composer, recording artist, story-teller, flute maker and workshop leader.

Save a tree, save paper, save money Sign up to receive your LUUF newsletter electronically

Email Kim Everett at kimeverett60@gmail.com

LUUF Chalice Yahoo group subscription

<https://groups.yahoo.com/neo/groups/LUUFChalice/info> To unsubscribe luufchalice-unsubscribe@yahoogroups.com

Returning to the Earth

Late fall—the time when we cut back the tops of perennials, now heading to sleep; the time when we rake up dead leaves, already losing their brilliant colors, and pile them up to make compost; a time when the loamy earth-smell rises up from ground soon to be covered in snow.

From here on we'll spend more time indoors, gathering with friends and family around fireplaces and dinner tables or sitting quietly with a book or our reflections.

Covenant/Circle Dinners

For us as UUs, the next month will be a time to reflect on what our seven principles might mean in practice and to decide what promises we want to commit to in order to realize those principles in our communal life—our congregational covenant. To that end, we have been meeting with you in circle dinners to gather your thoughts and to begin the work that will lead to a draft covenant later this month. Though the UUA encourages all its congregations to develop covenants, no one outside an individual fellowship determines what shape its covenant will take—a covenant is unique to each congregation, determined by its members and friends.

By December 15, we will submit an application, including, we hope, our draft covenant, to become full members of the Unitarian Universalist Association, a big step we are really proud to be taking.

Finance report

This fellowship has responded generously to our pledge drive and actually pledged slightly more than we requested! We want to thank you and assure you we will be most judicious in the use of the money you pledged. If anyone has questions about the budget or current standing, feel free to call Kathy Bernhart, or to check the minutes and monthly updates from Board Meetings. They are kept in the library.

GLOBE (Green Living on Behalf of Earth)

In other news, I recently received an exciting email from Sandy Bast outlining a community coalition, the Earth Care Team, that **GLOBE** is forming to work together on environmental issues, particularly climate change. In addition to individual members, invitations have gone out to environmental organizations at Lincoln High School and UWGB-Manitowoc, as well as Manitowoc's Sustainability Committee. The hope is that all interested groups will be on board by the Earth Day 2020 celebration in April.

GLOBE has also had a presence twice this fall at the Saturday Farmers Market, where members handed out "Don't Use Plastic" buttons and sustainable bags provided by Aurora, talking to shoppers about plastic awareness.

A big thank you, too, to all the Lakeshore UUs who participated in the march and rally held on September 20 in solidarity with the Youth Climate Strike. We may be small, but we are mighty thanks to you!

Warm wishes, Erica



The next Board Meeting will be held on **monthly meeting on November 5, 6:00pm**. As always, if you have any issues you would like addressed or would like to attend a meeting, please let a member of the board know. All are welcome to attend board meetings. In the spirit of transparency— Minutes of past board meetings are filed in the library.

LAKESHORE UNITARIAN UNIVERSALIST (LUUF) LAY MINISTRY

Theologically, LUUF Lay Ministers are as diverse as Unitarian Universalist among our Lay Ministry you will find a variety of spiritual perspectives and beliefs about the sacred.

LUUF Lay Ministers are committed to serving all Fellowship members and friends, with the utmost of compassion and discretion. If you're in need of a good listener, connection, support and/or resources inside, or outside our Fellowship, in times of illness, or another of life's challenges, or to officiate at dedications, weddings, or funerals, please don't hesitate to contact any of the following LUUF Lay Ministers:



Multigenerational worship is designed to engage all ages, from babies to elders, in a shared experience of spiritual growth. Please join us in service, all ages, all welcome.

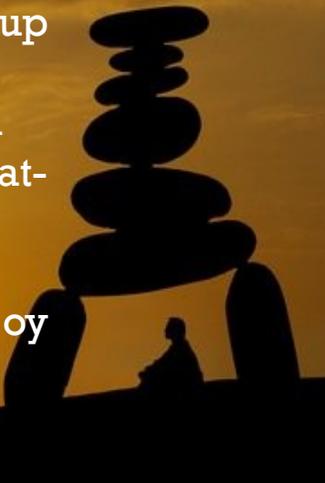


More than tea & toast

Don't forget!
Saturday, Breakfast Club,
November 2 ~ Dali's Café 9:30 am.
 Dali's is closed for two weeks, no breakfast in Feb.

First Saturday of every month.
 Join us for breakfast and conversation.

Our weekly meditation group meets at 6:30 on Sunday nights. We're informal, and you are welcome to use whatever form you like—centering meditation, Buddhist meditation, or just enjoy sitting in silence. We enjoy quiet for about 30 minutes. We'll be happy to see you!



The circles of women around us weave invisible nets of love that carry us when we're weak and sing with us when we are strong.
 -Sark

Breathe it in

Songs, poems, prayers for healing ourselves, healing the Earth.

Contact Bev Rawling at:
circleofsong@tds.net

For practice schedules



Don't Forget!
Circle Suppers, breakfast, brunch or Lunch!

We're seeking HOSTS for the Fellowship's Circle Supper, breakfast, brunch, or Lunch in March, April, or May!

First Saturday of each month, join the Breakfast Club, at Dali's Café, at 8th & York. Informal, no need to reserve your space, just show up and enjoy breakfast with friends.

These suppers are simple and fun!
 A potluck at a host's home, or a gathering at a restaurant. Host choice, lunch, or dinner, weekend, or weekday! Home, or favorite restaurant.

Circle Suppers are a great way to get to know Fellowship friends. For the potluck meals, in guests homes, participants coordinate with their host on what to bring. For a restaurant dinner, hosts choice, participants pay for their own meals. It is recommended that a Circle Supper include 6-10 people, to contribute to good conversation over a shared meal. It does not have to be an even number, 7 works too!

We're organizing it a little different—you'll find Circle Supper sign up sheets in the vestibule of the Fellowship. Anyone interested in hosting, fill in the host section of the sign up sheet, date time and pot-luck or restaurant, feel free to announce you're hosting during the service announcements, and guests will sign up. **Super Simple, Circle Suppers!**

Contact Kim Everett, or adult activities committee, for questions, or to include your Circle Supper in the newsletter.

**Friendly Fellowship
 around Good Food!**

GLOBE

Green Living On Behalf of Earth

Green Tips



Making the shift towards an environmentally-friendly lifestyle can help improve your health and life overall, and it's also a major boost to the world around you. Ditching unnecessary chemicals, unhealthy foods, unfriendly Earth practices, and bad habits/routines can all add together to make an altogether healthier you, whilst boosting the environment and ecosystem. Wherever you are in the world, the following tips are all achievable endeavours. Some of them are even great fun! So indulge yourselves whilst we all fight for a Greener future. effort.

Cut Down on Fuel – November 2019

Whenever possible, avoid driving in a car. Local journeys can be made by walking or cycling, and always look for public transport routes when travelling further.

Obviously, these options are not available to everyone depending on personal circumstances but cycling and walking will keep you active and help the local environment. Carpooling and ride sharing.

Driving Habits

1. Drive Less.
2. Warm Up Your Car for Shorter Lengths of Time.
3. Slow Down and Drive Steady.
4. Turn Off the Engine.
5. Eliminate Wind Resistance.
6. Maintaining your car or truck by getting the engine tuned-up on schedule,
7. Replacing the air filter, and checking the pressure in your tires are good practices.

For more information about reducing fuel consumption, visit EPA website at:

<https://www.epa.gov/vehicles-and-engines>

Call to Action:

Contact your representatives in the state legislature to end plastic waste. Ask your Assembly Representative and State Senator to co-sponsor AB 177 to repeal restrictions on the authority of local governments to regulate single-use, disposable plastic containers, including disposable plastic water and soda bottles and plastic bags. Then email Rep.Novak@legis.wisconsin.gov and ask him to schedule a hearing on AB 177 to end plastic waste.

Support Wisconsin Assembly Bill 177 (AB 177)

If Wisconsin is going to begin to address the growing problem of managing disposable plastic waste, it is critically important that the Assembly Committee on Local Government Chair Representative Todd Novak schedule a hearing on AB 177. AB 177 repeals 2015 Wisconsin Act 302 which limits the authority of local governments to regulate single-use, disposable plastic containers in their communities.

Ask your Assembly Representative and State Senator to co-sponsor AB 177 to repeal restrictions on the authority of local governments to regulate single-use, disposable plastic containers, including disposable plastic water and soda bottles and plastic bags. Email Rep.Novak@legis.wisconsin.gov and ask him to schedule a hearing on AB 177 to end plastic waste.



Plastic waste pollution is a large, complex and thorny problem that is projected to get worse. The [Center for International Environmental Law](#) indicates that “Plastic is a pollutant of unique concern, as it does not break down quickly and instead accumulates in the environment as more is produced. It carries toxic impacts throughout its lifecycle... Yet just as the world is coming to realize the dangers of plastic pollution and take action to prevent it, the petrochemical industry is poised to invest billions to expand plastic production by 40 percent in the next few decades. If they succeed, plastic will outweigh fish in our oceans by 2050.”

- **Local units of government are tasked by laws and regulations to manage Municipal Solid Waste including plastics; they need AB 177 passed and 2015 WI Act 302 (Statutes Section 1. 66.0419) repealed to be able to manage disposable plastics effectively.** The State should not restrict local government’s ability to manage Municipal Solid Waste when consistent with the State’s Solid Waste Reduction, Recovery, and Recycling law (Wisconsin Statutes, Chapter 287) and the waste hierarchy therein, specifically, 287.05(12).

- In Wisconsin industry and businesses seem to be working at cross purposes with government. In 2015 WI Act 302 was supported by 16, mostly industry and business groups, and opposed by 8, mostly government and environmental groups. AB 177 is supported by 6 government and environmental groups, including the LWVWI, Inc. As of 10/22/2019, no groups oppose AB 177. **To effectively address plastic waste pollution, it will take manufacturer, business, government and consumer policy-makers working together.**

Help End Plastic Waste Contact your legislators to end plastic waste and ask your State Representative and State Senator to co-sponsor AB 177 which will repeal limits on authority of local governments to regulate single-use, disposable plastic containers, like disposable plastic water and soda bottles and plastic bags. Then email Rep.Novak@legis.wisconsin.gov and ask him to schedule a hearing on AB 177 to end plastic waste.

For more information, contact LWVWI Legislative Committee Member Carol Diggelman (diggelmanbc@att.net) or the League of Women Voters of Wisconsin, Andrea Kaminski lwwwilegislativcoordinator@lwwwi.org

You can also reach your legislators by calling the **Legislative Hotline**. In Madison, dial 266-9960. Toll-free, call 1-800-362-9472.



Hope house wish list

Paper Towels, Toilet Paper
 Laundry Detergent, Dryer Sheets
 Cleaning Supplies, and wipes
 Pillows, Blankets, Sheets

For additional items, visit their website at:

<http://hopehousemc.org/wish-list/>

Lakeshore UU Volunteer weeks

November 10-16

**Contact Nancy Slatterly at:
 nancy_slatterly@hotmail.com
 If you are available to volunteer.**

Check out Hope House facebook page for more information about upcoming events and happenings.

<https://www.facebook.com/hopehousemc/>



Hope House, a program of Lakeshore Interfaith Hospitality Network (LIHN) and an affiliate of Family Promise, is a non-profit organization whose purpose is to provide shelter and guidance to homeless individuals and families, due to the impact of misfortunes upon their lives. Once accepted into the program, Hope House provides meals, shelter, case management, referrals to community agencies, supportive listening and many other resources as needed. Hope House helps to create structure out of chaos by creating a goal-oriented plan so those desperately in need of shelter can focus beyond daily survival, to a life of stability.

How to Get Involved

The success of Hope House depends on the efforts and enthusiasm of hundreds of volunteers. These volunteers perform the variety of tasks necessary to provide a safe and comfortable temporary home for Hope House guests. Volunteers express their hospitality by interacting with guests, treating guest families with dignity and respect, and showing the genuine concern for their well-being. You don't need to donate thousands of dollars or hundreds of hours of service to make a difference. In fact, you can make a difference by volunteering one hour a week or a single donation of food or hygiene products.

Heartfelt 
THANKS
TO OUR VOLUNTEERS!

Two Rivers Mishicot Ecumenical Pantry



Don't forget our food basket in the vestibule of the Fellowship



Please drop off your non-perishables and they will be taken to TREP.

Pantry needs:

Meals in a can, cereal, chili beans, baked beans, chicken noodle soup, soda crackers, tuna, macaroni and cheese, ramen noodles, jelly, peanut butter, packaged rice, or noodle meals, pasta and rice. Toilet paper, tooth paste, shampoo deodorant, bar soap, cleaning supplies and diapers.

Please drop your contributions in the coat room and they will be delivered to TREP.

Volunteers needed:

People to take clients around for food on Monday mornings from 8:00—noon. Or, Wednesday morning from 8:30—noon

Volunteers to drive the cube truck on Monday or Wednesday mornings. Heavy lifting involved, bring muscles.

Call TREP at: 793-5364 if interested.



Painting Pathways Club House Inc.
Club House international registered.

<http://paintingpathways.org/>

<https://www.facebook.com/Painting-Pathways-Clubhouse-Inc-1612913832257735/>



Painting Pathways Clubhouse empowers adults with diagnosed mental illness by building community, supporting recovery and changing lives.



The Manistowoc County
Domestic Violence Center (DVC)



new name is... inCourage
still SUPPORTING VICTIMS of DOMESTIC ABUSE and SEXUAL ASSAULT

24/7 CRISIS LINE (920) 684-5770

EMAIL: INCOURAGE@INCOURAGEWI.ORG



SHELTER ASSISTANT/CRISIS LINE:

Answer the DV & SA crisis lines (training provided)
Assist residents as needed in shelter with daily living skills
Other volunteer opportunities:
Restocking kitchen cupboards
Organizing/cleaning
Processing donations

RECEPTIONIST/OFFICE WORK:

Greet visitors (during daytime hours)
Assist with clerical duties such as:
Data entry
Making copies
Filing
Preparing mailings
Familiarity with Word and Excel a plus

SPECIAL EVENTS/FUNDRAISING:

Lend a hand at special events.
Fundraisers.
Mailings

TRANSPORTATION:

Assist in the transportation of clients to appointments in the community and other various destinations.
Can use agency van or your insured vehicle

MAINTENANCE/YARD WORK:

Help with regular maintenance or yard work.
Summer lawn mowing is always needed.

For additional information about volunteering at inCourage, visit their website at:

<https://incouragewi.org/volunteer-page/> Or call 1-920-684-4661

Follow InCourage on <https://www.facebook.com/InCourage-113065508711585/>



of Manistowoc County, Men's Homeless Shelter





[HTTP://WWW.CLIPPERCITYCOOP.COM/JOIN-US](http://www.clippercitycop.com/join-us)

Clipper City Co-op has passed a milestone—569 members strong, and a new location down town, where you can drop in, bring a friend and hang out with Dayna Kennedy.

Nearing the required number of co-op owners, to open our very own cooperative grocery store, there is now a presence downtown. Stop by and say hi.

The co-op outreach coordinator Dayna Kennedy will staff the new office at: **822 Franklin Street. The same building the Coolest Coast is in, look for the co-op entrance.**

**Office Hours every week:
M-W-F 10am to 1pm**

Thursday night meet ups 5-7 pm - every week! Stop by, bring a friend and learn what's happening at your local co-op.

Congratulations Clipper City Co-op!

**If you're not a member of the co-op, now is a good time to join.
Be a founding member of the co-op.
Let's create community together.**



Harvesting Support: Grow It Forward's Friends & Farmers Celebration

November 21, 2019 @ 6:00PM — 9:00PM

\$45.00—\$300 for a table.

Purchase tickets on Grow it Forwards Website

https://grow-it-forward.networkforgood.com/events/15734-harvesting-support-grow-it-forward-s-friends-farmers-celebration?utm_campaign=dms_email_blast_386045

Harvesting Support: Grow It Forward's Friends and Farmers Celebration is an annual fundraising event to sustain our mission work, to recognize the role agriculture plays in our daily lives, and to support the efforts of those who shape our local food system.

When: Thursday, November 21st, 2019, 6pm - 9pm

Where: St. John's Place/Grow It Forward, 1501 Marshall Street, Manitowoc

Attire: Farmer Chic (Blue jeans, overalls, flannel, tractor branded apparel, boots)

The average American farmer feeds approximately 144 people, and with agriculture being our number one export, agriculture is critically important to sustaining our local, national, and global economies.

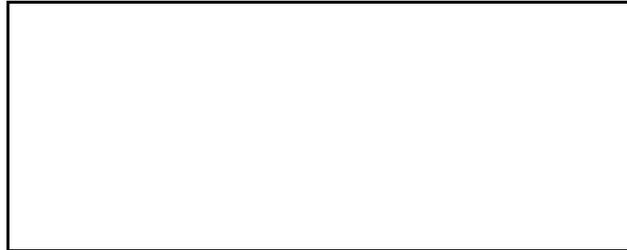
Together, with over 144 of our friends, **we'll celebrate and toast to 5 years of Grow It Forward's impact** on the local food movement, and...

- Sample delicious small plates from great local restaurants & caterers
 - Win exciting auction items.
 - Enjoy complimentary beer and wine samples (Additional Cash bar available)
 - Have a barrel of fun with the Ryan Kautzer Polka Band!
- Our mission to **grow, teach, feed, and connect our local food community** impacts the lives farmers, growers, and food producers. **With your support** we can continue to offer the following valuable programming to the community and so much more!!!
- **Grow**—over 135 families grow food at 8 collective acres of our community gardens
 - **Teach**—each year we provide programming to inspire the young and young-at-heart to grow their own food.
 - **Feed**—our commercial kitchen and local food business incubator has helped launch 3 mobile food businesses, a pickled goods company selling products at 13 businesses regionally, a baker, and caterer.
 - **Connect**—our summer and winter farmers markets connects nearly 28,000 total individuals annually to our local farmers, producers, processors, and mobile food businesses.

Sample, win, enjoy, and have a barrel of fun in celebration with Grow It Forward! We'll see you there!!!



Lakeshore Unitarian Universalist Fellowship
620 Park Street
Manitowoc, Wisconsin 54220



LAKE SHORE UNITARIAN UNIVERSALIST MISSION

*As a welcoming and accepting, diverse and inquiring spiritual fellowship,
We unite to create a community which stimulates a free exchange and
Exploration of ideas, foster spiritual and intellectual growth, and
serves as a base for active outreach to benefit the world around us.*

AS UNITARIAN UNIVERSALISTS, WE AFFIRM AND PROMOTE THESE PRINCIPLES

*The inherent worth and dignity of every person
Justice, equality and compassion in human relationships
Acceptance of one another and encouragement to spiritual growth in our congregations
A free and responsible search for truth and meaning
The right of conscience and the use of the democratic process
The goal of world community with peace, liberty and justice for all
Respect for the interdependent web of all existence of which we are a part*



**SIDE WITH
LOVE**